



	Serving Size	Servings per Package	Total Calories	Calories From Fat	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Fiber (g)	Sugar (g)	Added Sugars (g)	Protein (g)	Vitamin D (mcg)	Potassium (mg)	Calcium (mg)	Iron (mg)
PIZZA SLICE (8-CUT LARGE)																		
Cheese	1 slice (132g)	1	280	80	9g	5g	0g	30mg	670mg	37g	3g	3g	2g	12g	0mcg	211mg	229mg	3mg
Beef	1 slice (153g)	1	330	100	11g	6g	0g	40mg	950mg	38g	3g	3g	2g	16g	0mcg	297mg	241mg	3mg
Canadian Bacon	1 slice (144g)	1	300	90	10g	6g	0g	35mg	810mg	37g	3g	3g	2g	14g	0mcg	211mg	229mg	3mg
Italian Sausage	1 slice (153g)	1	350	130	15g	7g	0g	40mg	880mg	38g	3g	3g	2g	15g	0mcg	261mg	238mg	3mg
Pepperoni	1 slice (142g)	1	340	130	14g	7g	0g	40mg	860mg	37g	3g	3g	2g	14g	0mcg	240mg	232mg	3mg
Sausage	1 slice (153g)	1	330	120	13g	7g	0g	35mg	920mg	38g	3g	4g	2g	15g	0mcg	294mg	242mg	3mg
All Meat	1 slice (172g)	1	400	160	18g	9g	0g	60mg	1090mg	38g	3g	3g	2g	20g	0mcg	299mg	242mg	3mg
Bacon Cheeseburger	1 slice (185g)	1	410	160	18g	10g	0g	70mg	1040mg	39g	3g	5g	3g	22g	0mcg	269mg	293mg	3mg
BBQ Chicken	1 slice (169g)	1	320	90	10g	6g	0g	30mg	780mg	38g	3g	4g	3g	17g	0mcg	181mg	225mg	3mg
Breakfast	1 slice (166g)	1	370	130	15g	8g	0g	70mg	950mg	38g	2g	3g	2g	17g	0mcg	169mg	220mg	3mg
Buffalo Chicken	1 slice (164g)	1	340	120	13g	6g	0g	35mg	1150mg	37g	3g	3g	2g	17g	0mcg	164mg	225mg	3mg
Chicken Bacon Ranch	1 slice (160g)	1	430	200	22g	8g	0g	55mg	900mg	37g	2g	4g	1g	19g	0mcg	106mg	216mg	3mg
Combo	1 slice (172g)	1	360	130	15g	7g	0g	40mg	990mg	39g	3g	4g	2g	16g	0mcg	314mg	247mg	4mg
Garden	1 slice (153g)	1	280	80	9g	4g	0g	25mg	650mg	38g	3g	3g	2g	11g	0mcg	243mg	195mg	3mg
Hawaiian BBQ	1 slice (166g)	1	330	110	12g	6g	0g	45mg	730mg	39g	2g	5g	3g	15g	0mcg	190mg	224mg	3mg
Taco	1 slice (220g)	1	430	150	17g	8g	0g	45mg	1020mg	49g	3g	5g	2g	19g	0mcg	369mg	315mg	4mg
The Works	1 slice (261g)	1	770	480	52g	21g	1.5g	130mg	2470mg	40g	3g	4g	2g	33g	0mcg	526mg	267mg	5mg
Zesty Italian	1 slice (167g)	1	420	190	21g	10g	0g	55mg	1180mg	38g	3g	3g	2g	18g	0mcg	274mg	242mg	3mg
PIZZA SLICE (6-CUT MEDIUM)																		
Cheese	1 slice (132g)	1	290	90	10g	6g	0g	30mg	680mg	37g	3g	3g	2g	12g	0mcg	205mg	242mg	3mg
Beef	1 slice (151g)	1	330	110	12g	7g	0g	40mg	930mg	38g	3g	3g	2g	16g	0mcg	282mg	253mg	3mg
Canadian Bacon	1 slice (144g)	1	310	100	11g	6g	0g	35mg	820mg	37g	3g	3g	2g	14g	0mcg	205mg	242mg	3mg
Italian Sausage	1 slice (151g)	1	350	130	15g	7g	0g	40mg	870mg	37g	3g	3g	2g	15g	0mcg	250mg	250mg	3mg
Pepperoni	1 slice (142g)	1	340	130	14g	7g	0g	40mg	870mg	37g	3g	3g	2g	14g	0mcg	235mg	245mg	3mg
Sausage	1 slice (151g)	1	330	120	13g	7g	0g	40mg	910mg	38g	3g	3g	2g	15g	0mcg	279mg	254mg	3mg
All Meat	1 slice (172g)	1	380	150	17g	8g	0g	55mg	1020mg	37g	3g	3g	2g	18g	0mcg	269mg	251mg	3mg
Bacon Cheeseburger	1 slice (173g)	1	390	140	16g	9g	0g	60mg	950mg	39g	3g	5g	3g	20g	0mcg	251mg	261mg	3mg



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BBQ Chicken	1 slice (165g)	1	320	90	10g	6g	0g	35mg	780mg	38g	2g	4g	2g	17g	0mcg	177mg	238mg	3mg
Breakfast	1 slice (163g)	1	360	130	15g	8g	0g	70mg	950mg	38g	2g	3g	2g	17g	0mcg	163mg	233mg	3mg
Buffalo Chicken	1 slice (139g)	1	320	110	12g	6g	0g	35mg	800mg	35g	2g	3g	1g	17g	0mcg	117mg	229mg	3mg
Chicken Bacon Ranch	1 slice (157g)	1	420	200	22g	8g	0g	55mg	890mg	36g	2g	4g	1g	18g	0mcg	107mg	230mg	3mg
Combo	1 slice (167g)	1	350	130	14g	7g	0g	40mg	960mg	38g	3g	3g	2g	15g	0mcg	294mg	257mg	3mg
Garden	1 slice (152g)	1	290	90	10g	5g	0g	25mg	680mg	38g	3g	3g	2g	12g	0mcg	235mg	221mg	3mg
Hawaiian BBQ	1 slice (163g)	1	330	110	12g	7g	0g	45mg	740mg	38g	2g	5g	2g	15g	0mcg	185mg	237mg	3mg
Taco	1 slice (220g)	1	430	140	16g	8g	0g	45mg	1040mg	51g	3g	5g	2g	19g	0mcg	388mg	291mg	4mg
The Works	1 slice (178g)	1	380	150	17g	8g	0g	50mg	1010mg	38g	3g	3g	2g	18g	0mcg	290mg	256mg	3mg
Zesty Italian	1 slice (163g)	1	410	190	20g	9g	0g	55mg	1130mg	38g	3g	3g	2g	18g	0mcg	261mg	253mg	3mg
CARRYOUT PIZZA - 7" PERSONALS																		
Cheese	1 pizza (192g)	1	420	90	10g	6g	0g	30mg	880mg	63g	4g	5g	3g	16g	0mcg	286mg	245mg	4mg
Beef	1 pizza (221g)	1	480	120	13g	7g	0g	45mg	1260mg	64g	5g	5g	3g	22g	0mcg	401mg	261mg	5mg
Canadian Bacon	1 pizza (210g)	1	450	110	12g	6g	0g	40mg	1080mg	63g	4g	5g	3g	19g	0mcg	286mg	245mg	5mg
Italian Sausage	1 pizza (221g)	1	510	160	18	8g	0g	45mg	1170mg	64g	4g	5g	3g	20g	0mcg	353mg	256mg	5mg
Pepperoni	1 pizza (206g)	1	490	150	17g	8g	0.5g	45mg	1140mg	63g	4g	5g	3g	19g	0mcg	325mg	249mg	5mg
Sausage	1 pizza (221g)	1	490	130	15g	7g	0g	40mg	1220mg	65g	5g	6g	3g	21g	0mcg	397mg	262mg	5mg
All Meat	1 pizza (227g)	1	520	160	18g	8g	0g	60mg	1280mg	64g	4g	5g	3g	23g	0mcg	372mg	202mg	5mg
Bacon Cheeseburger	1 pizza (296g)	1	630	220	25g	12g	0g	105mg	1680mg	67g	5g	7g	4g	33g	0mcg	407mg	304mg	5mg
BBQ Chicken	1 pizza (232g)	1	430	80	9g	4.5g	0g	25mg	940mg	64g	4g	6g	4g	22g	0mcg	248mg	186mg	5mg
Breakfast	1 pizza (249g)	1	540	170	19g	9g	0g	105mg	1250mg	66g	3g	5g	3g	25g	1mcg	286mg	186mg	5mg
Buffalo Chicken	1 pizza (225g)	1	460	120	13g	5g	0g	30mg	1370mg	63g	4g	5g	3g	22g	0mcg	226mg	185mg	5mg
Chicken Bacon Ranch	1 pizza (235g)	1	620	240	27g	10g	0g	70mg	1170mg	63g	3g	6g	3g	27g	0mcg	168mg	230mg	4mg
Combo	1 pizza (270g)	1	550	170	20g	8g	0g	50mg	1470mg	67g	5g	6g	3g	23g	0mcg	483mg	279mg	6mg
Garden	1 pizza (249g)	1	460	120	13g	6g	0g	30mg	990mg	66g	4g	6g	3g	17g	0mcg	362mg	261mg	6mg
Hawaiian BBQ	1 pizza (258g)	1	510	140	16g	8g	0g	60mg	980mg	66g	4g	8g	4g	23g	0mcg	284mg	242mg	5mg
Taco	1 pizza (353g)	1	660	190	21g	9g	0g	50mg	1410mg	90g	5g	8g	3g	26g	0mcg	600mg	356mg	6mg
The Works	1 pizza (265g)	1	570	190	21g	9g	0g	65g	1420mg	65g	5g	6g	3g	25g	0mcg	417mg	266mg	6mg



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Zesty Italian	1 pizza (249g)	1	630	250	28g	12g	.5g	70mg	1660mg	65g	4g	5g	3g	26g	0mcg	392mg	266mg	5mg





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CARRYOUT PIZZA - 13" MEDIUM																		
Cheese	1/6 pizza (132g)	6	290	90	10g	6g	0g	30mg	680mg	37g	3g	3g	2g	12g	0mcg	205mg	242mg	3mg
Beef	1/6 pizza (151g)	6	330	110	12g	7g	0g	40mg	930mg	38g	3g	3g	2g	16g	0mcg	282mg	253mg	3mg
Canadian Bacon	1/6 pizza (144g)	6	310	100	11g	6g	0g	35mg	820mg	37g	3g	3g	2g	14g	0mcg	205mg	242mg	3mg
Italian Sausage	1/6 pizza (151g)	6	350	130	15g	7g	0g	40mg	870mg	37g	3g	3g	2g	15g	0mcg	250mg	250mg	3mg
Pepperoni	1/6 pizza (142g)	6	340	130	14g	7g	0g	40mg	870mg	37g	3g	3g	2g	14g	0mcg	235mg	245mg	3mg
Sausage	1/6 pizza (151g)	6	330	120	13g	7g	0g	40mg	910mg	38g	3g	3g	2g	15g	0mcg	279mg	254mg	3mg
All Meat	1/6 pizza (162g)	6	380	150	17g	8g	0g	55mg	1020mg	37g	3g	3g	2g	18g	0mcg	269mg	251mg	3mg
Bacon Cheeseburger	1/6 pizza (173g)	6	390	140	16g	9g	0g	60mg	950mg	39g	3g	5g	3g	20g	0mcg	251mg	261mg	3mg
BBQ Chicken	1/6 pizza (165g)	6	320	90	10g	6g	0g	35mg	780mg	38g	2g	4g	2g	17g	0mcg	177mg	238mg	3mg
Breakfast	1/6 pizza (163g)	6	360	130	15g	8g	0g	70mg	950mg	38g	2g	3g	2g	17g	0mcg	163mg	233mg	3mg
Buffalo Chicken	1/6 pizza (139g)	6	320	110	12g	6g	0g	35mg	800mg	35g	2g	3g	1g	17g	0mcg	117mg	229mg	3mg
Chicken Bacon Ranch	1/6 pizza (157g)	6	420	200	22g	8g	0g	55mg	890mg	36g	2g	4g	1g	18g	0mcg	107mg	230mg	3mg
Combo	1/6 pizza (167g)	6	350	130	14g	7g	0g	40mg	960mg	38g	3g	3g	2g	15g	0mcg	294mg	257mg	3mg
Garden	1/6 pizza (152g)	6	290	90	10g	5g	0g	25mg	680mg	38g	3g	3g	2g	12g	0mcg	235mg	221mg	3mg
Hawaiian BBQ	1/6 pizza (163g)	6	330	110	12g	7g	0g	45mg	740mg	38g	2g	5g	2g	15g	0mcg	185mg	237mg	3mg
Taco	1/6 pizza (220g)	6	430	140	16g	8g	0g	45mg	1040mg	51g	3g	5g	2g	19g	0mcg	388mg	291mg	4mg
The Works	1/6 pizza (178g)	6	380	150	17g	8g	0g	50mg	1010mg	38g	3g	3g	2g	18g	0mcg	290mg	256mg	3mg
Zesty Italian	1/6 pizza (163g)	6	410	190	20g	9g	0g	55mg	1130mg	38g	3g	3g	2g	18g	0mcg	261mg	253mg	3mg
CARRYOUT PIZZA - 15" LARGE																		
Cheese	1/8 pizza (132g)	8	280	80	9g	5g	0g	30mg	670mg	37g	3g	3g	2g	12g	0mcg	211mg	229mg	3mg
Beef	1/8 pizza (153g)	8	330	100	11g	6g	0g	40mg	950mg	38g	3g	3g	2g	16g	0mcg	297mg	241mg	3mg
Canadian Bacon	1/8 pizza (144g)	8	300	90	10g	6g	0g	35mg	810mg	37g	3g	3g	2g	14g	0mcg	211mg	229mg	3mg
Italian Sausage	1/8 pizza (153g)	8	350	130	15g	7g	0g	40mg	880mg	38g	3g	3g	2g	15g	0mcg	261mg	238mg	3mg
Pepperoni	1/8 pizza (142g)	8	340	130	14g	7g	0g	40mg	860mg	37g	3g	3g	2g	14g	0mcg	240mg	232mg	3mg
Sausage	1/8 pizza (153g)	8	330	120	13g	7g	0g	35mg	920mg	38g	3g	4g	2g	15g	0mcg	294mg	242mg	3mg
All Meat	1/8 pizza (172g)	8	400	160	18g	9g	0g	60mg	1090mg	38g	3g	3g	2g	20g	0mcg	299mg	242mg	3mg
Bacon Cheeseburger	1/8 pizza (185g)	8	410	160	18g	10g	0g	70mg	1040mg	39g	3g	5g	3g	22g	0mcg	269mg	293mg	3mg



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BBQ Chicken	1/8 pizza (169g)	8	320	90	10g	6g	0g	30mg	780mg	38g	3g	4g	3g	17g	0mcg	181mg	225mg	3mg
Breakfast	1/8 pizza (166g)	8	370	130	15g	8g	0g	70mg	950mg	38g	2g	3g	2g	17g	0mcg	169mg	220mg	3mg
Buffalo Chicken	1/8 pizza (164g)	8	340	120	13g	6g	0g	35mg	1150mg	37g	3g	3g	2g	17g	0mcg	164mg	225mg	3mg
Chicken Bacon Ranch	1/8 pizza (160g)	8	430	200	22g	8g	0g	55mg	900mg	37g	2g	4g	1g	19g	0mcg	106mg	216mg	3mg
Combo	1/8 pizza (172g)	8	360	130	15g	7g	0g	40mg	990mg	39g	3g	4g	2g	16g	0mcg	314mg	247mg	4mg
Garden	1/8 pizza (153g)	8	280	80	9g	4g	0g	25mg	650mg	38g	3g	3g	2g	11g	0mcg	243mg	195mg	3mg
Hawaiian BBQ	1/8 pizza (166g)	8	330	110	12g	6g	0g	45mg	730mg	39g	2g	5g	3g	15g	0mcg	190mg	224mg	3mg
Taco	1/8 pizza (220g)	8	430	150	17g	8g	0g	45mg	1020mg	49g	3g	5g	2g	19g	0mcg	369mg	315mg	4mg
The Works	1/8 pizza (261g)	8	770	480	52g	21g	1.5g	130mg	2470mg	40g	3g	4g	2g	33g	0mcg	526mg	267mg	5mg
Zesty Italian	1/8 pizza (167g)	8	420	190	21g	10g	0g	55mg	1180mg	38g	3g	3g	2g	18g	0mcg	274mg	242mg	3mg
6" SUB ON WHITE (with American Cheese)																		
Smoked Ham	6" sub (259g)	1	520	140	19g	9g	0g	115mg	1800mg	39g	1g	2g	1g	44g	0mcg	32mg	113mg	16mg
Roasted Turkey Breast	6" sub (259g)	1	410	70	8g	4.5g	0g	75mg	2050mg	42g	1g	5g	4g	39g	0mcg	32mg	113mg	16mg
Roast Beef	6" sub (259g)	1	490	160	18g	9g	0g	100mg	1720mg	42g	1g	2g	1g	41g	0mcg	32mg	113mg	31mg
Buffalo Chicken	6" sub (349g)	1	570	210	23g	7g	0g	40mg	2460mg	48g	5g	5g	2g	47g	0mcg	149mg	152mg	16mg
Chicken Bacon Ranch	6" sub (306g)	1	620	230	26g	11g	0g	60mg	2140mg	43g	3g	3g	1g	55g	0mcg	32mg	129mg	16mg
Club Combo	6" sub (297g)	1	530	150	17g	8g	0g	120mg	2150mg	41g	1g	4g	3g	49g	0mcg	32mg	113mg	22mg
The Italian	6" sub (217g)	1	620	300	34g	14g	.5g	105mg	2150mg	41g	1g	3g	2g	33g	0mcg	48mg	198mg	16mg
Turkey Bacon Club	6" sub (195g)	1	400	120	14g	6g	0g	55mg	1250mg	41g	1g	4g	3g	28g	0mcg	32mg	118mg	16mg
6" SUB ON WHEAT (with American Cheese)																		
Smoked Ham	6" sub (259g)	1	520	140	19g	9g	0g	115mg	1850mg	39g	1g	4g	3g	44g	0mcg	32mg	113mg	9mg
Roasted Turkey Breast	6" sub (259g)	1	410	70	8g	4.5g	0g	75mg	2090mg	42g	1g	7g	6g	39g	0mcg	32mg	113mg	9mg
Roast Beef	6" sub (259g)	1	490	160	18g	9g	0g	100mg	1770mg	42g	1g	4g	3g	41g	0mcg	32mg	113mg	24mg
Buffalo Chicken	6" sub (349g)	1	570	210	23g	7g	0g	40mg	2510mg	48g	5g	6g	4g	47g	0mcg	149mg	152mg	9mg
Chicken Bacon Ranch	6" sub (306g)	1	620	230	26g	11g	0g	60mg	2190mg	43g	3g	5g	3g	55g	0mcg	32mg	129mg	9mg
Club Combo	6" sub (297g)	1	530	150	17g	8g	0g	120mg	2190mg	41g	1g	5g	4g	49g	0mcg	32mg	113mg	15mg
The Italian	6" sub (217g)	1	620	300	34g	14g	.5g	105mg	2190mg	41g	1g	5g	4g	33g	0mcg	117mg	198mg	9mg
Turkey Bacon Club	6" sub (195g)	1	400	120	14g	6g	0g	55mg	1620mg	41g	1g	4g	3g	28g	0mcg	32mg	114mg	16mg



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12" SUB ON WHITE (with American Cheese)																			
Smoked Ham	12" sub (519g)	1	1040	350	39g	17g	0g	230mg	3610mg	79g	3g	5g	3g	88g	0mcg	64mg	226mg	33mg	
Roasted Turkey Breast	12" sub (519g)	1	820	150	17g	9g	0g	150mg	4100mg	84g	3g	10g	8g	77g	0mcg	64mg	226mg	33mg	
Roast Beef	12" sub (519g)	1	980	320	36g	17g	0g	200mg	3450mg	84g	3g	5g	3g	82g	0mcg	64mg	226mg	62mg	
Buffalo Chicken	12" sub (698g)	1	1150	400	45g	15g	0g	85g	4930mg	96g	10g	10g	4g	95g	0mcg	299mg	303mg	32mg	
Chicken Bacon Ranch	12" sub (613g)	1	1240	480	53g	22g	0g	120mg	4280mg	86g	7g	6g	3g	109g	0mcg	64mg	258mg	32mg	
Club Combo	12" sub (594g)	1	1060	310	35g	16g	0g	235mg	3550mg	83g	3g	7g	5g	98g	0mcg	64mg	234mg	45mg	
The Italian	12" sub (433g)	1	1230	620	69g	28g	1g	205mg	4290mg	83g	3g	7g	4g	67g	0mcg	234mg	396mg	32mg	
Turkey Bacon Club	12" sub (389g)	1	800	240	27g	13g	0g	115mg	2500mg	82g	3g	8g	6g	56g	0mcg	64mg	236mg	32mg	
12" SUB ON WHEAT (with American Cheese)																			
Smoked Ham	12" sub (519g)	1	1040	350	39g	17g	0g	230mg	3700mg	79g	3g	8g	6g	88g	0mcg	64mg	226mg	18mg	
Roasted Turkey Breast	12" sub (519g)	1	820	150	17g	9g	0g	150mg	4190mg	84g	3g	13g	11g	77g	0mcg	64mg	226mg	18mg	
Roast Beef	12" sub (519g)	1	980	320	36g	17g	0g	200mg	3540mg	84g	3g	8g	6g	82g	0mcg	64mg	226mg	47mg	
Buffalo Chicken	12" sub (698g)	1	1150	400	45g	15g	0g	85mg	5020mg	96g	10g	13g	7g	95g	0mcg	299mg	303mg	17mg	
Chicken Bacon Ranch	12" sub (613g)	1	1240	480	53g	22g	0g	120mg	4370mg	86g	7g	9g	6g	109g	0mcg	64mg	258mg	17mg	
Club Combo	12" sub (594g)	1	1060	310	35g	16g	0g	235mg	4380mg	83g	3g	10g	8g	98g	0mcg	64mg	226mg	30mg	
The Italian	12" sub (433g)	1	1230	620	69g	28g	1g	205mg	4380mg	83g	3g	10g	7g	67g	0mcg	234mg	396mg	17mg	
Turkey Bacon Club	12" sub (389g)	1	800	240	27g	13g	0g	115mg	3240mg	82g	3g	8g	6g	56g	0mcg	64mg	228mg	32mg	
APPETIZERS																			
Hot Wings	12 wings (276g)	1	480	300	33g	9g	0g	150mg	3600mg	9g	0g	3g	2g	33g	0mcg	0mg	60mg	2mg	
Hot Wings	10 wings (230g)	1	400	250	28g	8g	0g	125mg	3000mg	8g	0g	3g	1g	28g	0mcg	0mg	50mg	2mg	
Hot Wings	5 wings (115g)	1	200	130	14g	4g	0g	65mg	1500mg	4g	0g	1g	1g	14g	0mcg	0mg	25mg	1mg	
Hot Wings	6 wings (138g)	1	240	150	17g	4.5g	0g	75mg	1800mg	5g	0g	2g	1g	17g	0mcg	0mg	30mg	1mg	
Boneless Buffalo Wings	10 pieces (293g)	1	630	210	23g	5g	0g	100mg	2230mg	57g	7g	0g	0g	47g	0mcg	0mg	67mg	3mg	
Boneless Buffalo Wings	12 pieces (352g)	1	760	250	28g	6g	0g	120mg	2680mg	68g	8g	0g	0g	56g	0mcg	0mg	80mg	4mg	
Boneless Buffalo Wings	5 pieces (147g)	1	320	110	12g	2.5g	0g	50mg	1120mg	28g	3g	0g	0g	23g	0mcg	0mg	33mg	2mg	
Boneless Buffalo Wings	6 pieces (176g)	1	380	130	14g	3g	0g	60mg	1340mg	34g	4g	0g	0g	28g	0mcg	0mg	40mg	2mg	
Breadsticks	5 sticks (227g)	1	530	40	5g	1.5g	0g	0mg	1630mg	100g	3g	2g	1g	18g	0mcg	154mg	39mg	7mg	



	Serving Size	Servings per Package	Total Calories	Calories From Fat	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Fiber (g)	Sugar (g)	Added Sugars (g)	Protein (g)	Vitamin D (mcg)	Potassium (mg)	Calcium (mg)	Iron (mg)
Garlic Cheesesticks	4 sticks (221g)	1	550	160	18g	11g	0.5g	60mg	4390mg	69g	3g	4g	3g	23g	0mcg	219mg	427mg	5mg
Garlic Cheesesticks - Large	family (886g)	1	2200	670	74g	42g	2.58g	230mg	17570mg	275g	12g	18g	141g	92g	0mcg	878mg	1707mg	20mg
Jalapeno Twists	3 pieces (132g)	1	270	40	5g	2.5g	0g	10mg	570mg	46g	2g	3g	2g	9g	0mcg	128mg	76mg	3mg
Gourmet Chicken Tenders	3 tenders (171g)	1	360	130	14g	1.5g	0g	45mg	1050mg	33g	0g	0g	0g	24g	0mcg	0mg	0mg	2mg
FRESH MADE BREAKFAST SANDWICHES																		
Biscuit w/Ham Egg'n Cheese	1 sandwich (170g)	1	420	210	23g	12g	0g	165mg	1230mg	33g	0g	5g	2g	18g	0mcg	89mg	107mg	3mg
Biscuit w/Sausage, Egg'n Cheese	1 sandwich (175g)	1	540	340	38g	17g	0g	175mg	1210mg	33g	0g	5g	2g	15g	0mcg	89mg	109mg	5mg
Muffin w/Ham, Egg'n Cheese	1 sandwich (149g)	1	280	100	11g	4.5g	0g	160mg	900mg	25g	0g	3g	1g	18g	0mcg	74mg	93mg	2mg
Muffin w/Sausage, Egg'n Cheese	1 sandwich (153g)	1	390	230	25g	9g	0g	175mg	880mg	25g	0g	3g	1g	15g	0mcg	74mg	95mg	4mg
Croissant w/Ham, Egg'n Cheese	1 sandwich (141g)	1	320	150	17g	8g	0g	185mg	780mg	23g	0g	4g	0g	17g	0mcg	59mg	116mg	2mg
Croissant w/Sausage, Egg'n Cheese	1 sandwich (146g)	1	430	280	31g	13g	0g	195mg	750mg	23g	0g	4g	0g	14g	0mcg	59mg	118mg	3mg

		Serving Size	Total Calories	Calories From Fat	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Fiber (g)	Sugar (g)	Added Sugar (g)	Protein	Vitamin D (mcg)	Potassium (mg)	Calcium (mg)	Iron (mg)
Pizza Size	Topping																	
Personal	Bacon	1.3oz (38g)	160	110	12	5	0	70	40	0	0	0	0	14	0	0	0	0
Small	Bacon	3oz (85g)	360	240	27	12	0	150	85	0	0	0	0	30	0	0	0	0
Medium	Bacon	4oz (113g)	480	320	36	16	0	200	115	0	0	0	0	40	0	0	0	0
Large	Bacon	6oz (170g)	730	490	55	24	0	305	170	0	0	0	0	61	0	0	0	0
Personal	Beef	1.3oz (38g)	80	40	4	1.5	0	20	500	2	1	1	1	7	0	154	21	1
Small	Beef	3oz (85g)	170	80	9	4	0	45	1120	5	3	2	1	16	0	344	48	3
Medium	Beef	4oz (113g)	220	100	11	5	0.5	60	1490	7	4	3	2	21	0	458	64	4
Large	Beef	6oz (170g)	340	150	17	8	1	90	2240	10	5	4	2	31	0	689	96	5
Personal	Canadian Bacon	0.6oz (18g)	25	10	1.5	0	0	10	200	0	0	0	0	3	0	0	0	0
Small	Canadian Bacon	1.9oz (54g)	80	40	4	1.5	0	30	600	0	0	0	0	9	0	0	0	0
Medium	Canadian Bacon	2.6oz (73g)	100	40	5	2	0	40	810	0	0	0	0	12	0	0	0	0
Large	Canadian Bacon	3.5oz (100g)	140	60	7	2.5	0	55	1110	0	0	0	0	16	0	0	0	1
Personal	Chicken	1oz (28g)	30	5	0.5	0	0	5	130	0	0	0	0	6	0	0	2	0
Small	Chicken	3oz (85g)	90	20	2	0.5	0	10	400	1	1	0	0	18	0	0	7	0
Medium	Chicken	4oz (113g)	130	20	2.5	1	0	10	530	2	1	0	0	23	0	0	9	1
Large	Chicken	6oz (170g)	190	40	4	1.5	0	15	790	3	2	1	0	35	0	0	14	1
Personal	Green Peppers	0.3oz (7g)	0	0	0	0	0	0	0	0	0	0	0	0	0	6	1	0
Small	Green Peppers	1oz (28g)	5	0	0	0	0	0	0	1	0	1	0	0	0	25	3	0
Medium	Green Peppers	1.3oz (38g)	5	0	0	0	0	0	0	2	0	1	0	0	0	34	4	0
Large	Green Peppers	2oz (57g)	10	0	0	0	0	0	0	3	1	1	0	1	0	50	5	0
Personal	Jalapeno	0.5oz (14g)	5	0	0	0	0	0	0	1	0	1	0	0	0	35	2	0
Small	Jalapeno	1oz (28g)	10	0	0	0	0	0	0	2	1	1	0	0	0	69	3	0
Medium	Jalapeno	1.3oz (38g)	15	0	0	0	0	0	0	2	1	2	0	0	0	94	5	0
Large	Jalapeno	2oz (57g)	20	0	0	0	0	0	0	4	2	2	0	1	0	141	7	0
Personal	Mushrooms	0.3oz (7g)	0	0	0	0	0	0	0	0	0	0	0	0	0	22	0	0
Small	Mushrooms	1oz (28g)	5	0	0	0	0	0	0	1	0	0	0	1	0	90	1	0
Medium	Mushrooms	1.3oz (38g)	5	0	0	0	0	0	0	1	0	0	0	1	0	122	1	0
Large	Mushrooms	2oz (57g)	10	0	0	0	0	0	0	1	0	0	0	1	0	182	1	0
Personal	Black Olives	0.3oz (7g)	15	10	1	0	0	0	50	0	0	0	0	0	0	0	6	0
Small	Black Olives	1oz (28g)	60	40	4.5	0	0	0	210	2	0	0	0	0	0	0	24	2
Medium	Black Olives	1.3oz (38g)	80	50	6	0	0	0	280	3	0	0	0	0	0	0	33	3
Large	Black Olives	2oz (57g)	110	90	10	0	0	0	420	4	0	0	0	0	0	0	49	4
Personal	Onions	0.3oz (7g)	0	0	0	0	0	0	0	0	0	0	0	0	0	9	1	0
Small	Onions	1oz (28g)	5	0	0	0	0	0	0	2	1	1	0	0	0	36	5	0

Medium	Onions	1.3oz (38g)	10	0	0	0	0	0	0	3	1	2	0	0	0	49	6	0
Large	Onions	2oz (57g)	15	0	0	0	0	0	5	4	1	2	0	1	0	74	10	0
Personal	Pepperoni	0.5oz (14g)	70	50	6	2.5	0	15	250	0	0	0	0	3	0	39	4	0
Small	Pepperoni	1.5oz (43g)	210	170	19	7	0.5	40	780	1	0	0	0	8	0	120	12	1
Medium	Pepperoni	2.3oz (64g)	310	250	28	11	1	60	1160	1	0	0	0	12	0	179	18	1
Large	Pepperoni	3oz (85g)	410	340	38	14	1	80	1540	1	0	0	0	16	0	237	24	1
Personal	Pizza Cheese	1.3oz (38g)	120	80	9	6	0	30	360	2	0	0	0	7	0	30	226	0
Small	Pizza Cheese	5oz (142g)	440	310	34	21	1.5	115	1350	6	0	0	0	26	0	112	845	1
Medium	Pizza Cheese	8oz (227g)	710	490	54	34	2	1858	2170	10	0	1	0	42	0	179	1351	1
Large	Pizza Cheese	10oz (283g)	880	600	68	42	2.5	230	2700	13	0	1	0	52	0	223	1685	1
Personal	Pineapple	0.5oz (14g)	10	0	0	0	0	0	0	2	0	1	0	0	0	15	2	0
Small	Pineapple	1oz (28g)	15	0	0	0	0	0	0	4	0	3	0	0	0	31	4	0
Medium	Pineapple	1.3oz (38g)	20	0	0	0	0	0	0	5	1	4	0	0	0	42	5	0
Large	Pineapple	2oz (57g)	35	0	0	0	0	0	0	7	1	6	0	0	0	62	7	0
Personal	Salami	0.2oz (6g)	20	20	2	0.5	0	5	100	0	0	0	0	1	0	0	2	0
Small	Salami	0.6oz (17g)	60	40	5	2	0	15	280	1	0	0	0	3	0	0	6	0
Medium	Salami	1oz (28g)	100	80	9	3	0	25	460	1	0	1	1	6	0	0	10	0
Large	Salami	1.6oz (45g)	160	130	14	5	0	35	740	2	0	1	1	9	0	0	16	0
Personal	Sausage	1.3oz (38g)	90	50	6	2	0	15	450	2	1	1	1	6	0	149	23	1
Small	Sausage	3oz (85g)	200	120	14	5	0	30	1010	5	2	2	2	14	0	334	51	2
Medium	Sausage	4oz (113g)	270	160	18	7	0	40	1350	7	3	3	3	19	1	444	68	3
Large	Sausage	6oz (170g)	400	240	27	10	0	60	2030	10	5	5	4	28	1	668	102	4
Personal	Italian Sausage	1.3oz (38g)	120	90	10	3.5	0	20	380	2	1	0	0	5	0	90	15	1
Small	Italian Sausage	3oz (85g)	270	200	22	8	0	50	860	4	1	1	1	12	1	201	34	2
Medium	Italian Sausage	4oz (113g)	360	260	29	11	0	65	140	5	2	1	1	16	1	267	45	2
Large	Italian Sausage	6oz (170g)	540	400	44	16	0	95	1720	8	2	1	1	24	1	401	68	3
Pizza Size	SAUCE	SERV SIZE																
Personal	Pizza Sauce	1oz (28g)	10	0	0	0	0	0	105	3	1	1	0	1	0	116	20	1
Small	Pizza Sauce	4oz (113g)	45	0	0	0	0	0	430	12	6	3	1	2	0	468	82	1
Medium	Pizza Sauce	5oz (142g)	60	0	0	0	0	0	540	15	7	4	1	3	0	588	103	1
Large	Pizza Sauce	7.2oz (203g)	80	0	0	0	0	0	760	22	10	6	2	4	0	841	147	2
Personal	Bacon Cheesburger sauce	1oz (28g)	15	0	0	0	0	0	160	4	1	2	2	1	0	100	16	0
Small	Bacon Cheesburger sauce	4oz (113g)	70	0	0	0	0	0	630	16	5	8	6	2	0	405	64	1
Medium	Bacon Cheesburger sauce	5oz (142g)	90	0	0	0	0	0	800	20	6	11	8	3	0	509	801	1
Large	Bacon Cheesburger sauce	7.2oz (203g)	120	0	0	0	0	0	1140	29	8	15	11	4	0	728	115	1
Personal	BBQ Pizza Sauce	1oz (28g)	10	0	0	0	0	0	90	3	1	2	1	0	0	68	12	0
Small	BBQ Pizza Sauce	4oz (113g)	45	0	0	0	0	0	370	12	3	6	5	1	0	274	47	1
Medium	BBQ Pizza Sauce	4.5oz (128g)	50	0	0	0	0	0	410	13	3	7	6	1	0	310	53	1
Large	BBQ Pizza Sauce	6.7oz (189g)	80	0	0	0	0	0	610	20	5	10	9	2	0	458	78	1
Personal	Buffalo Chicken Sauce	1oz (28g)	25	20	2	0	0	0	430	2	1	1	0	0	0	58	11	0
Small	Buffalo Chicken Sauce	4oz (113g)	110	70	8	1.5	0	0	1750	9	4	2	1	1	0	234	46	1
Medium	Buffalo Chicken Sauce	4.5oz (128g)	120	90	10	1.5	0	0	1990	10	4	2	1	2	0	265	52	1

Large	Buffalo Chicken Sauce	6.7oz (189g)	180	130	14	2.5	0	0	2930	15	6	4	2	2	0	392	76	1
Personal	Taco Pizza Sauce	1oz (28g)	15	0	0	0	0	0	140	4	1	1	0	1	0	72	10	0
Small	Taco Pizza Sauce	4oz (113g)	70	0	0	0	0	0	580	15	3	4	0	3	0	289	39	1
Medium	Taco Pizza Sauce	5oz (142g)	80	0	0	0	0	0	730	19	4	5	0	3	0	364	49	1
Large	Taco Pizza Sauce	7.2oz (203g)	120	0	0	0	0	0	1040	27	6	7	1	5	0	520	70	1
Personal	Ranch Dressing	1oz (28g)	110	110	12	1.5	0	10	240	2	0	2	0	0	0	0	4	0
Small	Ranch Dressing	4oz (113g)	460	410	46	7	0	45	990	10	0	6	0	1	0	0	14	0
Medium	Ranch Dressing	5oz (142g)	580	520	58	8	0.5	60	1240	12	0	8	0	2	0	0	18	0
Large	Ranch Dressing	7.2oz (203g)	820	750	83	12	1	85	1770	18	0	11	0	3	0	0	26	0

EXTRA MEAT: SUBS			Serving Size	Total Calories	Calories From Fat	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Fiber (g)	Sugar (g)	Added Sugar (g)	Protein	Vitamin D (mcg)	Potassium (mg)	Calcium (mg)	Iron (mg)
Sub Size	Meat																		
6" sub	Bacon Strips	2 slices (11g)	60	45	5	2	0	10	260	0	0	0	0	0	3	0	0	1	0
12" Sub	Bacon Strips	4 slices (21g)	120	90	10	4	0	20	500	1	0	0	0	0	5	0	0	2	0
6" sub	Chicken Fajita Strips	3 oz (85g)	90	20	2	0.5	0	10	400	1	1	0	0	0	18	0	0	7	0
12" Sub	Chicken Fajita Strips	6 oz (170g)	190	40	4	1.5	0	15	790	3	2	1	0	0	35	0	0	14	1
6" sub	Genoa Salami	1.5 oz (41g)	150	110	12	4.5	0	35	670	1	0	1	1	8	0	0	15	0	0
12" Sub	Genoa Salami	2.9 oz (82g)	290	230	25	9	0	65	1350	3	0	1	1	16	0	0	29	1	0
6" sub	Ham Slice	1.3 oz (38g)	60	20	2.5	1	0	25	290	0	0	0	0	0	8	0	0	0	0
12" Sub	Ham Slice	5.3 oz (151g)	240	100	11	4	0	95	1130	0	0	0	0	0	32	0	0	0	1
6" sub	Pepperoni	0.9 oz (25g)	120	100	11	4	0	25	450	0	0	0	0	0	5	0	70	7	0
12" Sub	Pepperoni	1.8 oz (50g)	240	200	22	8	0.5	45	900	1	0	0	0	0	9	0	140	14	1
6" sub	Roast Beef Slice	0.7 oz (19g)	25	10	1	0.5	0	10	130	0	0	0	0	0	4	0	0	0	2
12" Sub	Roast Beef Slice	5.3 oz (151g)	220	80	9	4	0	80	1050	2	0	0	0	0	30	0	0	0	16
6" sub	Turkey Slice	0.7 oz (19g)	15	0	0	0	0	5	170	0	0	0	0	0	3	0	0	0	0
12" Sub	Turkey Slice	5.3 oz (151g)	130	0	0	0	0	55	1380	3	0	3	3	3	27	0	0	0	1